



# Big Red's

L O D G E S

EXPERIENCE *Serenity* IN THE CITY

(614) 566-2447 | [BigRedsLodges.com](http://BigRedsLodges.com)



Big Red's Lodges is a hidden urban gem in Columbus, tucked in a peaceful 25-acre nature preserve close to downtown, the Short North, college and pro sports venues and many more of the area's popular attractions.



Take advantage of the world-class OhioHealth McConnell Heart Health Center and its amenities — just steps away from the Lodges. Spending the night at Big Red's Lodges is meant to help you recharge—mentally and physically.

With completely furnished, eight-guest lodges that define comfort in a serene wooded setting, Big Red's Lodges is an alternative to hotels that allows you to focus on your well-being.

This refuge helps you manage life's hectic pace — with an R&R getaway, a health-focused retreat, lodging for out-of-town guests or the desire to stay close to a loved one being cared for at OhioHealth Riverside Methodist Hospital, Kobacker House or Bing Cancer Center.



# The heart of comfort

Each of our eight lodges features a warm and ample living room, kitchenette, bedroom and bathroom. The charming front porch chairs beckon relaxation.

## Features include:

- Flat screen television and fireplace
- Kitchenette with a refrigerator/freezer, microwave and coffee maker
- Complimentary high-speed Internet
- King-size bed and queen-size sleeper sofa
- Full access to the McConnell Heart Health Center





The McConnell Heart Health Center is a unique central Ohio facility that integrates health and fitness, with a focus on preventing heart and musculoskeletal disease and improving the health of those in treatment.

During your stay at Big Red's Lodges, enjoy full access to this state-of-the-art facility. A walking/jogging path winds through the beautiful wooded grounds and connects the Lodges and center.

**McConnell Heart Health Center features include:**

- State-of-the-art fitness equipment
- Lap and warm-water pools
- Steam rooms and saunas
- Group exercise classes
- A heart-healthy café menu
- A multidisciplinary staff of health and wellness experts

# "Big Red" and Peggy:

THE HEART OF THE MCCONNELL HEART HEALTH CENTER

Big Red's Lodges bears the nickname of the late John H. McConnell.

The founder of Worthington Industries and former majority owner of the Columbus Blue Jackets, John H. McConnell and his wife, Peggy, championed the prevention and treatment of heart disease in our community. Their philanthropy made the McConnell Heart Health Center possible.

The Center offers Mr. McConnell's vision for a holistic approach to prevent and care for heart disease through improved lifestyle habits and rehabilitation.

He also envisioned Big Red's Lodges as a serene, health-focused retreat nearby to take advantage of the Center's world-class resources. Donor gifts in his honor made the Lodges possible.

Peggy's Path features a walking/running path through a tranquil, 25-acre wooded area and nature preserve as well as the opportunity to linger and enjoy the Peggy McConnell Memorial Garden.



## Three ways to make a reservation

Visit [BigRedsLodges.com](http://BigRedsLodges.com)

Call (614) 566-2447

Email [BigRedsLodges@OhioHealth.com](mailto:BigRedsLodges@OhioHealth.com)

